



# Women's Retreat 2014 "Love Beyond Belief"

## Activities & Meals

*UU Minister & Keynote Speaker: Rev. Thandeka*

*Dean: Karen Anderson Music Director: Beth Syverson*

*Camp Nurse: McKenzie Simmons (Cell 909-649-4330)*

### FRIDAY – May 2

TIME	ACTIVITY	LOCATION	LEADER(S)
7 am – 12 m	Hot Tub Open	Hot Tub	Never go alone
2 pm Friday to 2 pm Sunday	CD & Book Exchange	Lodge	
3 - 5:30 pm	Nametags	Lodge	Hope Anderson
3 - 5:30 pm	Dyeing Silk Scarves (\$5 fee)	Lodge Patio	Melody Mills
3 – 6 pm	Check-in / Cabin Assignments	Lodge	Camp Staff
4 - 5:15 pm	Introduction to Belly Dancing	Coffee House	Jody James
5:00- 6:00 pm	Social Hour	Lodge	
DINNER			
6:00 - 6:15 pm	Meal & Room set-up	Lodge	Craig's Cabin
6:25 – 6:30 pm	Welcome	Lodge	Karen Anderson
6:30 – 6:35 pm	Meal Blessing	Lodge	Rev. Thandeka
6:35 – 7:30 pm	<b>DINNER</b>	Lodge	Camp Staff
EVENING PROGRAM			
7:30 – 7:40 pm	Room Setup	Lodge	Volunteers
7:40 – 7:45 pm	Camp Orientation	Lodge	Janet James
7:45 – 9:00 pm	Opening Circle	Lodge	Rev. Thandeka Karen & Beth
9 pm	Games, Puzzles, & Music	Lodge	All
10 pm – 7 am	Mindful Silence	Cabin Areas	Everyone

**All Weekend - Other Indulgences: By Appointment Only - Sign-up in the Lodge**

Massage \$	Library	Cairyl Gardner
Facial, Acupuncture, Mini Massage \$	PSWIRL	Jody James

<b>SATURDAY</b>			
7:00 am – 12 m	Hot Tub Open	Hot Tub	Never go alone
7 – 7:45 am	T'ai Chi Chih	Coffee House	Carolyn Allenby
<b>BREAKFAST &amp; KEYNOTE ADDRESS</b>			
7:45 – 7:55 am	Room + Meal Setup	Lodge	<b>Cabin 5</b>
7:55 – 8 am	Meal Blessing	Lodge	Rev. Thandeka
8 – 8:45 am	<b>BREAKFAST</b>	Lodge	Camp Staff
8:45 – 8:55 am	Workshop Invitations	Lodge	Workshop Leaders
9 – 10:15 am	Keynote Address: <b>Love Beyond Belief</b>	Lodge	Rev. Thandeka
<b>Workshop Session A</b>			
10:30 am – 12	"Do Unto Me" Group A (Sign up Needed)	Coffee House	Nina Kellogg
10:30 am – 12	Women's Choir	Lodge Deck	Beth Syverson
10:30 - 11:30 am	Gentle History Hike Around Camp	Lodge Patio	Anne Thorward
10:30 am – 12	Body & Face Painting	Lodge	Karen Anderson
<b>LUNCH</b>			
12:15–12:25pm	Lunch Setup	Lodge	<b>Cabin 3</b>
12:25-12:30pm	Meal Blessing	Lodge	Rev. Thandeka
12:30 – 1:15pm	<b>LUNCH</b>	Lodge	Camp Staff
1:20 - 1:30 pm	Workshop Invitations	Lodge	Workshop Leaders
<b>Workshop Session B</b>			
1:30 – 3 pm	Raisins, Mysticism, and You	Coffee House	Rev. Thandeka
1:30 – 3 pm	ReCREATE Your Story	Craig's Cabin	Beth Ellen Holimon
1:30 – 3 pm	Archery Session A (Sign up Needed)	Archery Deck	Camp Staff
1:30 – 3 pm	Beading	Lodge	Lauren Schmid
<b>Workshop Session C</b>			
3:15 – 4:45 pm	Tea and Scones	Craig's Cabin	Hope Anderson
3:15 – 4:45 pm	Green Your House	Coffee House	Leslie Reuter
3:15 – 4:45 pm	Earth Day Pot Painting	Lodge Patio	McKenzie Simmons
<b>3:30 - 5:30 pm</b>	Hike to Lake	Lodge Deck	Janet James

<b>Free Time</b>			
4:45 – 5:45 pm	Social Hour	Lodge	
<b>DINNER</b>			
5:45 - 5:55 pm	Meal & Room Set-up	Lodge	Cabins 6 & 1
5:55 – 6 pm	Meal Blessing	Lodge	Rev Thandeka
6 - 7 pm	<b>DINNER</b>	Lodge	Camp Staff
7-7:10 pm	Room Set up	Lodge	Volunteers
<b>Evening Program</b>			
7:15 pm on	Socializing, Games & Poker Night	Lodge	Karen
7:30 – 9:00 pm	Theater Fun & Games	Coffee House	Sindy McKay Swerdlove
10 pm – 7 am	Mindful Silence	Cabin Areas	Everyone
<b>SUNDAY</b>			
7 am – 3 pm	Hot Tub Open	Hot Tub	Never go alone
7 – 7:45 am	Buti Yoga	Coffee House	Celeste Plumlee
<b>BREAKFAST</b>			
7:45 am	Room /Meal Setup	Lodge	<b>Cabin 8</b>
8 – 9 am	<b>BREAKFAST</b>	Lodge	Camp Staff
9 – 9:10 am	Workshop Invitations	Lodge	Workshop Leaders
<b>Workshop Session D</b>			
9:15 -10:45am	"Do Unto Me" Group B (Sign up Needed)	Coffee House	Nina Kellogg
9:15 -10:45am	Tapping for Healing	Craig's Cabin	Sharon Goodlove
9:15 -10:45am	Archery Session B (Sign up Needed)	Archery Deck	Camp Staff
9:15 -10:45am	Labyrinth & Taizé	Labyrinth	Beth Syverson
<b>Luncheon &amp; CLOSING CIRCLE</b>			
11 -11:10 am	Lunch Set-up	Lodge	<b>Cabin 7</b>
11:15 – 1 pm	<b>LUNCH &amp; Closing Gathering</b>	Lodge	Rev. Thandeka, Beth & Karen
1:00 – 1:10 pm	Room clean-up	Lodge	Volunteers
1:20 – 2:45 pm	Cottage Hike	Lodge Deck	Janet James
1:20 – 2:45 pm	Archery Session C (Sign up Needed)	Archery Deck	Camp Staff
<b>CAMP CLEAN-UP AND CHECK OUT</b>			
1 – 3 pm	Check Out	<b>Lodge</b>	Camp Staff